

## Referring to Hospice: An Act of Love Resources

Here are some websites for resources that Elizabeth mentioned:

[Advanced Directives and DNR](#) are all included in the Maine Health Advanced Directive Form

[Physician Orders for Life Sustaining Treatment \(POLST\) Form](#). Maine has adopted the national form which is available here along with information on why this form is important.

Atul Gawande wrote a wonderful book called Being Mortal which Elizabeth recommends. Briefly it is about living and dying and the benefits of hospice care. [Click for more details.](#)

Book - [The Four Things That Matter Most: A Book About Living](#) by Dr. Ira Byock, MD



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